



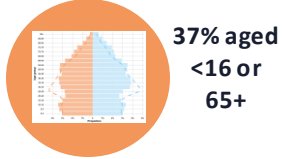
Bexley Wellbeing
Partnership

Health in Bexley Summary
2026

Health in Bexley Summary, 2026

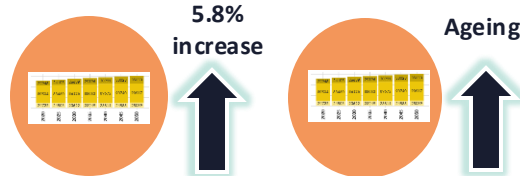
Demography

Structure



Bexley has **more children and older people** than London

Population trends



14,700 increase in population expected between 2025-35

21.9% increase expected in 65+ group

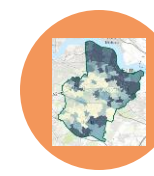
Population diversity



Minority ethnic population grew **9.9 percentage points** in 10 years

1 in 10 are from a Black African background & **1 in 10** are from an Asian background

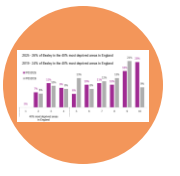
Social and economic determinants of health



One in 18 of Bexley's residents live in an area in the 20% most deprived in England



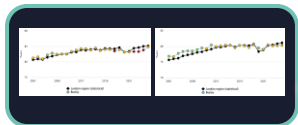
11.4% of children in relative low-income families & **10.9%** of older people are income deprived



These disadvantaged communities experience the highest levels of underlying **health issues** and **preventable mortality**

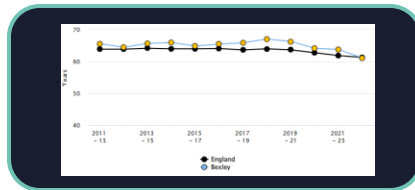
Life expectancy

Men 80.3
Women 84.8



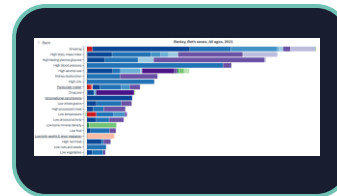
Historical improvements in life expectancy have **plateaued** and fallen behind London

Healthy life expectancy



People are living between **18.4 and 23.7 years in poor health** from a range of long term & multiple conditions

Risk factors



Avoidable risk factors are **smoking, obesity, poor diet, alcohol, drug misuse and high blood pressure** across the life course

Other determinants of health



Lifestyle

- Low rates of physical activity in children and adults
- Low utilisation of outdoor spaces



Education

2,044 (73.2%) children achieving **good level of development** at the end of Reception



Crime

Low rates of admissions for violent crime

Deaths



On average **263** preventable deaths occur each year

These are deaths which may have been avoided with adequate primary prevention

Excess deaths



People in the most deprived fifth of Bexley have higher mortality rates from circulatory and respiratory conditions, and cancer.

Health protection priorities



Chlamydia detection

Childhood vaccinations COVER programme¹

Adult vaccinations flu, PPV², shingles

High burden conditions



Musculo-skeletal: back & neck pain

Mental illness

Neurological

Sense organ diseases

Diabetes and CKD

Health Profile

Health Profile

Health in Bexley Summary, 2026

Data sources

Section	Sub section	Indicator	Source
Demographic profile	Population structure	% aged <16, 16-64, 65+	ONS mid-2024 subnational population projections
	Population trends	Population change, 2025 to 2035 % change expected 65+	GLA 2021-based demographic projections GLA 2021-based demographic projections
	Population diversity	%pt. Change ethnic groups % Ethnic groups	Census 2011 & 2021 - Ethnic group Census 2021 - Ethnic group
	Social & economic determinants of health	People in most deprived areas Deprivation % children low-income families % older people income deprived	IMD 2019 IMD 2025 DWP via OHID IMD 2019
Health profile	Life Expectancy	Life expectancy at birth male/female	Fingertips - Public health profiles
	Healthy Life Expectancy	Healthy life expectancy at birth male/female	Fingertips - Public health profiles
	Risk factors	Avoidable risk factors	GBD, 2019
	Other determinants of health	% of physically active children % of physically inactive adults Utilisation of outdoor space for exercise or health reasons % children achieving good level of development at end of Reception Hospital admission for violence (including sexual violence)	Public Health Outcomes Framework
	Deaths	Mortality rate from causes considered preventable (aged under 75)	Fingertips - Mortality from causes considered preventable
	Excess deaths	Life expectancy gap breakdown	OHID segment tool
	Health Protection	Tuberculosis incidence Childhood vaccinations Adult vaccinations	Fingertips - Public health Outcome Framework
	High burden conditions	Causes of years lived with disability: rank	GBD, 2019

Abbreviations

DWP Department for Work and Pensions
GBD Global Burden of Disease
IMD Index of Multiple Deprivation
OHID Office for Health Improvement and Disparities
ONS Office for National Statistics

Footnotes

¹COVER programme (Cover of vaccination evaluated rapidly) - includes 6-in-1 at 1 year, MMR 1 & 2, PCV booster and Hib/Men C at 2 years, and pre-school booster

²Pneumococcal Polysaccharide Vaccine - helps protect against serious illnesses like pneumonia and meningitis