



Health in Bexley Summary 2025

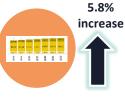
Health in Bexley Summary, 2025

Structure

Population trends



Bexley has more children and older people than London



14.700 increase in population expected between 2025-35



21.9% increase expected in 65+ group

Population diversity



Minority ethnic population grew 9.9 percentage points in 10 background & 1 in 10 years

1 in 10 are from a Black African are from an Asian background

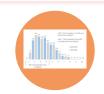
Social and economic determinants of health



One in 18 of Bexley's residents live in an area in the 20% most deprived in England



13.6% of children in low-income families & 10.9% older people are income deprived



These disadvantaged communities experience the highest levels of underlying health issues and preventable mortality

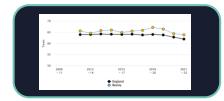
Life expectancy

Men 80.1 **Women 83.3**



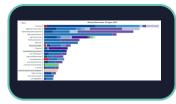
Historical improvements in life expectancy have plateaued and fallen behind London

Healthy life expectancy



People are living between 15.9 and 19.5 years in poor health from a range of long term & multiple conditions

Risk factors



Avoidable risk factors are smoking, obesity, poor diet, alcohol, drug misuse and high **blood pressure** across the life course

Other determinants of health



Lifestyle

 Low rates of physical activity in children and adults

· Low utilisation of outdoor spaces



Education

2.157 children

achieving good level

of development at

end of Reception

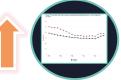
High burden conditions

71.4%



Crime Low rates of admissions for violent crime

Deaths



On average 276 preventable deaths occur each vear

These are deaths which may have been avoided with adequate primary prevention

Excess deaths



People in the most deprived fifth of Bexlev have higher mortality rates from circulatory and respiratory conditions, and cancer.

Health protection priorities



Chlamydia detection



Childhood vaccinations **COVER** programme¹



Adult vaccinations flu, PPV², shingles



Musculoskeletal: back & neck pain



Mental Illness



Neurological



Sense organ diseases



Diabetes and CKD

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Data sources

Section	Sub section	Indicator	Source
Demographic profile	Population structure	% aged <16, 16-64, 65+	ONS mid-2024 subnational population projections
	Population trends	Population change, 2025 to 2035	GLA 2021-based demographic projections
		% change expected 65+	GLA 2021-based demographic projections
	Population diversity	%pt. Change ethnic groups	Census 2011 & 2021 - Ethnic group
		% Ethnic groups	Census 2021 - Ethnic group
	Social & economic determinants of health	People in most deprived areas	IMD 2019
		Deprivation	IMD 2019
		% children low-income families	DWP via OHID
		% older people income deprived	IMD 2019
Health profile	Life Expectancy	Life expectancy at birth male/female	Fingertips - Public health profiles
	Healthy Life Expectancy	Healthy life expectancy at birth male/female	Fingertips - Public health profiles
	Risk factors	Avoidable risk factors	GBD, 2019
	Other determinants of health	% of physically active children % of physically inactive adults Utilisation of outdoor space for exercise or health reasons % children achieving good level of development at end of Reception Hospital admission for violence (including sexual violence)	Public Health Outcomes Framework
	Deaths	Mortality rate from causes considered preventable (aged under 75)	Fingertips - Mortality from causes considered preventable
	Excess deaths	Life expectancy gap breakdown	OHID segment tool
	Health Protection	Chlamydia detection rate Childhood vaccinations Adult vaccinations	Fingertips - Public health Outcome Framework
	High burden conditions	Causes of years lived with disability: rank	GBD, 2019

Abbreviations

DWP Department for Work and Pensions
GBD Global Burden of Disease
IMD Index of Multiple Deprivation
OHID Office for Health Improvement and Disparities
ONS Office for National Statistics

Footnotes

¹COVER programme (Cover of vaccination evaluated rapidly) - includes 6-in-1 at 1 year, MMR 1 & 2, PCV booster and Hib/Men C at 2 years, and pre-school booster

²Pneumococcal Polysaccharide Vaccine - helps protect against serious illnesses like pneumonia and meningitis